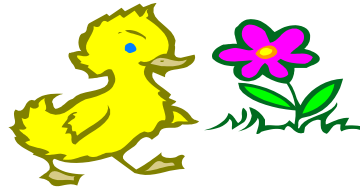




MULTI-SERVICE SENIOR CENTER

40086 PASEO PADRE PARKWAY
FREMONT, CA 94538
www.ci.fremont.ca.us



LUNCH: 12:00 NOON

Members: \$4:00 SENIORS
Non-Members: \$5:00
Youngsters \$6:00

TICKETS INFORMATION # 790-6610

OFFICE # 790-6600

*Vegetarian Option Available

LUNCH APRIL 2004

MEALS ARE COOKED ON SITE

SOLD:
FIRST-COME, FIRST-SERVED
NO REFUNDS, NO EXCHANGES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
|  | | | ¹ Garlic Baked Chicken Breast, Baked Macaroni & Cheese Vegetable, Salad Roll, Dessert | ² Trout Amandine Rice Pilaf, Vegetable Salad, Roll Dessert |
| ⁵ Breast Of Chicken With Lemon And Capers Multi Grain Pilaf Vegetable, Salad Roll, Dessert | ⁶ Turkey Enchiladas Spanish Style Rice Vegetable, Salad Roll, Dessert | ⁷ Chicken Fried Steak Garlic Mashed Potato Gravy, Vegetable Salad, Roll, Dessert | ⁸ Baked Pork Chops Corn Bread Stuffing Gravy, Vegetable Salad, Roll, Dessert | ⁹ <u>Good Friday</u> † Charcoal Grilled Salmon, Rice Pilaf Vegetable, Salad Roll, Dessert |
| <u>Happy Easter</u> \$5 ¹² Roasted Leg Of Lamb Mashed Potatoes Gravy, Vegetable, Salad Mint Jelly, Roll, Dessert | ¹³ Roasted Turkey With Apple Sausage Stuffing, Gravy, Salad Vegetable, Roll, Dessert | ¹⁴ Vegetable Or Meat Lasagna, Vegetable Salad, Garlic Bread Dessert | ¹⁵ Steamed Fish With Steamed Rice, Salad Vegetable, Roll Dessert | ¹⁶ <u>Happy Birthday Sonja</u> Jerked Leg Of Lamb Beans And Rice Vegetable, Salad Roll, Dessert ☺ |
| ¹⁹ Lamb Shanks With Assorted Vegetables Corn Bread, Salad Dessert | ²⁰ <u>Happy Birthday Morrie</u> Taco Salad ☺ Dessert | ²¹ Charcoal Broiled Chicken Breast Over Caesar Salad Vegetable, Roll Dessert | ²² Grilled Liver & Onions Mashed Potatoes Gravy, Vegetable Roll, Dessert | ²³ Poached Sole Stuffed With Shrimp, Brown Rice Pilaf, Vegetable Salad, Roll, Dessert |
| ²⁶ Turkey A-la King Over Steamed Rice, Salad Vegetable, Roll, Dessert | ²⁷ Green Chilies & Tortilla Casserole, Vegetable Salad, Dessert | ²⁸ Crab Cakes, Cole Slaw Steamed Red Potatoes Roll, Dessert | ²⁹ Baked Glazed Ham With Scalloped Potatoes, Salad Vegetable Roll, Dessert | ³⁰ Charcoal Grilled Salmon, Vegetable Multi Grain Pilaf Caesar Salad, Roll Dessert |

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.